



ABOUT P.H. MEDICAL CENTRE

P.H. Medical Centre is equipped with all the state-of-the-art diagnostic technology you would expect from a leading diagnostic centre. Our Centre offers a full array of diagnostic services. With leading-edge technologies and trained specialists, we are able to provide diagnosis for routine or not-so-routine medical problems. The doctors are all board certified and work closely with staff to ensure that our patients have access to experienced staff and advanced technology.

FACILITIES AVAILABLE AT P.H.

- Health Check-Up
- Pathology
- Open MRI
- Multislice CT Scan
- Sonography (3D/4D)
- Colour Doppler
- Mammography (Digital)
- Digital X-ray
- ECG
- Stress Test
- Bone Mineral Density (DEXA)
- 2-D Echo Colour Doppler
- O.P.G. (Digital)
- E.E.G.
- Sleep Study
- Skin Allergy Test
- P.F.T
- Eye Check-Up
- E.N.T./Audiometry
- Body Fat Analyzer
- Diet Plan
- 24 Hrs. Ambulatory Blood Pressure Monitoring (ABP)

DISCLAIMER
All material provided in this brochure is provided for educational and informational purposes only. Consult with your doctor regarding the advisability of any opinions or recommendations with respect to your individual situation. The management reserves the right to change any information and prices mentioned herein without prior notice for improvement of performance.



P. H. MEDICAL CENTRE

Juhu Road | Near Santacruz Police Station
Santacruz WEST | Mumbai 400 054
PHONE 2605 3030 | 2646 0835

At Pune
Lotus Court | Pune Satara Road | Pune 411 009
PHONE 2422 8899 | 24227799

TIMINGS 8 AM To 8 PM
EMAIL info@phmedicalcentre.com
WEBSITE www.phmedicalcentre.com
Closed On Sundays Only

Health Checkup Packages



Healthcare Services & Management

www.phmedicalcentre.com

PATHOLOGY TEST

Complete Blood Count
ESR/Blood Group
Urine & Stool Examination

✓	✓	✓	✓	✓
✓	✓	✓	✓	-
✓	✓	✓	✓	-

DIABETIC EVALUATION

Blood Sugar Fasting/Post Prandial
HbA1c (3 Months Sugar Control Test)
Blood Sugar Random

✓	✓	✓	✓	-
✓	✓	✓	-	-
-	-	-	-	✓

LIVER PROFILE

SGOT/SGPT/GGTP
Bilirubin/Total Proteins
Alkaline Phosphatase

✓	✓	✓	✓	-
✓	✓	✓	✓	-
✓	✓	✓	✓	-

LIPID PROFILE

Total Cholesterol/Triglycerides
HDL/LDL/VLDL - Cholesterol
Cholesterol/ HDL Cholesterol ratio

✓	✓	✓	✓	-
✓	✓	✓	✓	-
✓	✓	✓	✓	-

KIDNEY PROFILE

BUN/Uric Acid/Creatinine
S. Sodium/S.Potassium/S.Chlorides
Phosphorous/Calcium

✓	✓	✓	✓	-
✓	✓	✓	✓	-
✓	✓	✓	✓	-

CARDIAC (HEART RISK EVALUATION)

ECG (12 LEADS)
Stress Test
2-D Echo Colour Doppler

✓	✓	✓	✓	✓
✓	✓	✓	✓	-
✓	✓	✓	-	-

IMAGING

Sonography Of Abdomen And Pelvis
Chest X-Ray (Digital)

✓	✓	✓	✓	✓
✓	✓	✓	✓	-

WOMEN'S CHECK-UP

PAP Smear Test
Mammography, Sono Mammography

✓	✓	✓	✓	✓
✓	✓	✓	-	✓

CONSULTATION

Consultation By Physician
ENT Consultation With Audiogram
Ophthalmic Consultation (Eye Test)
Dental Check Up
Dietician Counselling (With Body Fat Analysis)
Consultation by Gynaecologist

✓	✓	✓	✓	-
✓	✓	✓	-	-
✓	✓	✓	✓	-
✓	✓	✓	✓	-
✓	✓	✓	✓	✓
✓	✓	✓	✓	✓

SPECIAL INVESTIGATIONS

Pulmonary Function Test (For Lungs)
Bone Mineral Densitometry (DEXA Scan)
Thyroid Profile (T₃,T₄,TSH)
HbsAg
HIV
Vitamin B12
Vitamin D3

✓	✓	✓	✓	-
✓	✓	✓	-	✓
✓	✓	✓	✓	✓
✓	✓	✓	-	-
✓	✓	✓	-	-
✓	✓	-	-	-

CANCER RISK

CA 125 (For Females)
PSA (For Males)

✓	✓	-	-	-
✓	✓	-	-	-

CAROTID COLOUR DOPPLER (For Neck Vessels)

✓	✓	-	-	-
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CT BRAIN PLAIN

✓	-	-	-	-
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MRI (Any 1 Study) By Default Lumbar Sacral Spine

✓	-	-	-	-
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AMOUNT (Rs.)

19000 13600 9000 5000 4800

GUIDELINES FOR HEALTH CHECK-UP

- ▶ You will Kindly make an appointment, which be confirmed only after you make a required deposit.
- ▶ Minimum of 10 to 12 hrs fasting is essential prior to the check-up, you may drink water.
- ▶ Complete abstinence from alcohol at least 24 hours prior to check-up.
- ▶ Please carry your regular medication when you come for check-up.
- ▶ Wear loose clothing, no jewellery & easily removable footwear if possible.
- ▶ Report at reception between 8.30 am to 9.30 am.
- ▶ During the course of investigation breakfast will be provided.
- ▶ Bring all your past medical records if any.
- ▶ If you are wearing lenses please remove them two days prior to the Health Check-Up.
- ▶ Additional test if required apart from package will be charged separately.
- ▶ Duration of Check-up may range from 3 to 6 hours depending upon the package selected.
- ▶ After completion of the check-up, we would appreciate if you could fill the feed-back form.
- ▶ Second consultation with Physician the next working day along with reports will be at no additional cost.
- ▶ In case of non-availability of certain tests on that particular day the patients will be called at next convenient date.
- ▶ P.H.Medical reserves the right to modify any content of Health check-up without any prior notice.
- ▶ All reports can be viewed on the internet with the user ID and password provided on the receipt.

Blood collection can be arranged from your residence with prior intimation.

